**May 2024 PHAC Ontario Region Updates**

**2023-2024 Annual Reporting Tool (ART)**  
Annual reporting tools were due April 30th, if you have not returned your’s please reach out to your Program Consultant.

Year end audits are due as well, please reach out to your PC if you have not submitted

**Capacity Building Contract**

\*New: The sessions are set to begin around the end of May, more info on registration to follow.

**CAPC/CPNP Amendments:**

Amendments are finally complete, and we are into the new fiscal year!

**Eligible Expenditures companion document**

Please note that a revised eligible expenditures companion document was sent out to everyone.

**CAPC/CPNP Renewal:**

Communication were sent to all current CAPC/CPNP recipients in November

**PHAC SPONSORED TRAINING/RESOURCES UPDATES**

The Government of Canada has released a new postpartum guide for families. Please see below for the links to the news release and the link to the guide and ordering form. A pdf version of the guide is also attached.

[https://www.canada.ca/en/public-health/news/2023/06/the-government-of-canada-releases-new-postpartum-guide-for-families-a-comprehensive-guide-on-postpartum-maternal-and-child-health.html](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwww.canada.ca%252fen%252fpublic-health%252fnews%252f2023%252f06%252fthe-government-of-canada-releases-new-postpartum-guide-for-families-a-comprehensive-guide-on-postpartum-maternal-and-child-health.html%26c%3DE%2C1%2CgH8O_59cpXl3KIhqgl9ksu9mJh6ugCMa4fDPJG_gBwVeZxqOjgeTH7ijWSixlgSMLv7c8LVrKuPLgELRHjgHW9Y9dkQdbF7nAnHb4JPAGujpEWYnSg%2C%2C%26typo%3D1&data=05%7C01%7Cnancy.bolton%40phac-aspc.gc.ca%7Cb72ca6b0156e466ae0fe08db639c6dfb%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638213295731188251%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VDJJxm532Iqg9SpGKjYqkQzv5Cd2dSAps0gh1LL7afo%3D&reserved=0)

[https://www.canada.ca/en/public-health/services/child-infant-health/postpartum-health-guide.html](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwww.canada.ca%252fen%252fpublic-health%252fservices%252fchild-infant-health%252fpostpartum-health-guide.html%26c%3DE%2C1%2C89R7Q9MAue1nHqKo6OO9J31est7W0EioX20MdBHp2M7_IUIvOtpXBN3rJ2u7pVIWiiHE9rgap70vqLOl3U7P_xPugP2FXu2WlwFMos0_JvnkcLo%2C%26typo%3D1&data=05%7C01%7Cnancy.bolton%40phac-aspc.gc.ca%7Cb72ca6b0156e466ae0fe08db639c6dfb%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638213295731188251%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=XH%2BeuBMrwHPezu7zEWyRBYksc0k3f2AG0s2IMNUYvss%3D&reserved=0)

Follow the link below to find multiple resources on health.

[Publications – Health - Canada.ca](https://www.canada.ca/en/services/health/publications.html)

Follow the link below to find multiple resources on child health and parenting.

[Publications – Healthy living - Canada.ca](https://www.canada.ca/en/services/health/publications/healthy-living.html#parenting)

**INFANT MENTAL HEALTH**

For resources and courses available, please visit [Home - Infant Mental Health Promotion (imhpromotion.ca)](https://imhpromotion.ca/)

FREE ACCESS TO 15-PART LECTURE SERIES FOR ALL CAPC/CPNP PROJECTS

The Infant and Early Mental Health Promotion (IEMHP) organization at The Hospital for Sick Children in partnership with the World Association of Infant Mental Health (WAIMH) and Tampere University, have developed a 15-part web-based series that offers insight into the foundational science of infant and early mental health, the importance of promotion and prevention policies and strategies, evidence-based interventions, and treatment approaches. Topics include:

* Building a Culture of Support and Strength Through Trauma-Informed Care
* Reflective Family Play A Whole-Family Treatment Model for Infants and Younger Children
* How Perinatal Health and Wellbeing Influence a Baby’s Health and Wellbeing

For more information about the series, please refer to the attachment.

**Free access** to this training opportunity for CAPC/CPNP projects has been made possible through funding from PHAC.

If you have any questions with regards to this learning opportunity, please feel free to contact IEMHP Lecture Series at [iemhp.lectureseries@sickkids.ca](mailto:iemhp.lectureseries@sickkids.ca).

**NOBODY’S PERFECT**

Follow the link below to find multiple resources on child health and parenting, Nobody’s Perfect.

[Publications – Healthy living - Canada.ca](https://www.canada.ca/en/services/health/publications/healthy-living.html#parenting)

[Looking Within Looking Ahead: Celebrating & Building on Strengths Tickets | Eventbrite](https://www.eventbrite.ca/e/looking-within-looking-ahead-celebrating-building-on-strengths-tickets-726975793167?aff=oddtdtcreator&utm-source=cp&utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing)

[Autism: National autism strategy - Canada.ca](https://www.canada.ca/en/public-health/services/diseases/autism-spectrum-disorder-asd/national-strategy.html)

[Autism: About, causes and co-occurring conditions - Canada.ca](https://www.canada.ca/en/public-health/services/diseases/autism-spectrum-disorder-asd.html)

**FASD -**

* **Assessment on FASD- PHAC is working alongside the Canadian Academy of Health Sciences to do an assessment of FASD in Canada. There are many consultation sessions that are happening around the Country.**

**For more information, please click on the following link:**

[Assessment on Fetal Alcohol Spectrum Disorder | Évaluation sur le trouble du spectre de l’alcoolisation fœtale – Canadian Academy of Health Sciences | Académie canadienne des sciences de la santé (cahs-acss.ca)](https://cahs-acss.ca/assessment-on-fetal-alcohol-spectrum-disorder-evaluation-sur-le-trouble-du-spectre-de-lalcoolisation-foetale/)

* 5th Annual London and Region FASD virtual conference October 22 & 23, 2024

“**Neurodiversity Throughout Development: From Misperceptions to Understanding**”

[FASD 2024 – VOCPRI](https://vocpri.ca/fasd/)

* **FASD ONE PSA announcements** have been released. To access them please go to[(66) FASD-ONE - YouTube.](https://www.youtube.com/@FASD-ONE) Please ensure you share them and increase awareness.
* **FASD Assessment Team Training-FASD ONE-** [FASD Assessment Training | FASD ONE (teachable.com)](https://fasdone.teachable.com/p/fasd-assessment-training11)

A comprehensive online course designed to promote and educate practitioners on multidisciplinary team processes for comprehensive FASD Assessment.

The course is free for residents in Ontario and any one with CAPC and CPNP programming. Email [fasdontarionetworkofexpertise@gmail.com](mailto:fasdontarionetworkofexpertise@gmail.com) to obtain your code.

See the website for more details. [FASD Assessment Training | FASD ONE (teachable.com)](https://fasdone.teachable.com/p/fasd-assessment-training11)

* PHAC FASD website at [Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.canada.ca%2Fen%2Fpublic-health%2Fservices%2Fdiseases%2Ffetal-alcohol-spectrum-disorder.html&data=05%7C01%7Ccarmen.barrientosmartinez%40phac-aspc.gc.ca%7C7b981aaf5bd347f46faa08db35f8deb7%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638163115217438047%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=iMFk%2BAbYYx4dpCfojBclC0vpxZgBBnEyKWJFaPe9pmY%3D&reserved=0)
* Please check the FASD ONE website for resources, events and other important work. [Welcome to FASD ONE | FASD ONE (fasdontario.ca)](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffasdontario.ca%2F&data=05%7C01%7Ccarmen.barrientosmartinez%40phac-aspc.gc.ca%7C7b981aaf5bd347f46faa08db35f8deb7%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638163115217438047%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=boYWvgw95yQmOBLDoh2Lcdvrr57oDzHe1jRzhs6w7os%3D&reserved=0)
* FASD 101: An Introductory Training - [FASD 101 (thinkific.com)](https://fasdnl.thinkific.com/courses/fasd-101)

Learn more about Fetal Alcohol Spectrum Disorder (FASD)! In this course we cover the basics of FASD, alcohol and pregnancy, prevention, diagnosis, challenges, stigma, strengths, strategies for success.

**FATHER INVOLVEMENT**

Follow the link below to find multiple resources on father involvement.

[What is positive father involvement - Canada.ca - Canada.ca,](https://www.canada.ca/en/public-health/services/publications/healthy-living/positive-father-involvement.html)

[Benefits of father involvement - Canada.ca - Canada.ca](https://www.canada.ca/en/public-health/services/publications/healthy-living/benefits-father-involvement.html)

**Coming soon :** Father involvement Special for Father’s day

*****The Dad Manual*****. [Performance – 24 HOUR CRIBSIDE ASSISTANCE (dadcentral.ca)](https://dadcentral.ca/newdadmanual/performance/)

**FAMILY VIOLENCE**

* Training opportunity called [*Being Trauma Aware*](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.beingtraumaaware.com%2F&data=05%7C01%7CHamid.Pazhwak%40phac-aspc.gc.ca%7Ce251fe61f35346f092c608da27b26e30%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C637865944540641608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OnxChxytAM%2Bp8m2bJzWYec6gPfIcAtVEyESgjiwTRmY%3D&reserved=0) *-*Being Trauma Aware is a FREE e-learning course. For some resources on family violence go to [Luna Child and Youth Advocacy Centre](https://www.lunacentre.ca/resources)

**ADDITIONAL TRAINING/EVENTS/RESOURCES**

* Families Canada Resource on [Financial Empowerment for Women Living on Low Incomes: An Action Plan – Families Canada](https://shop.familiescanada.ca/products/financial-empowerment-for-women-living-on-low-incomes-an-action-plan?keyword=action%20plan&mc_cid=52dc43603f&mc_eid=6d00406c5a)
* PERINATAL WELLBEING ONTARIO, Pregnancy and post partum support & connection

<https://www.perinatalwellbeing.ca/> low-cost or free. See link below for free information brochure on the signs and symptoms of Perinatal Mood and Anxiety Disorders as well as ideas for coping skills [here](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.perinatalwellbeing.ca%2F_files%2Fugd%2Fa41248_dc665c5e2d6d4636a480149844c43dd6.pdf&data=05%7C01%7Cmanuela.federici%40phac-aspc.gc.ca%7Cc5ea19d105704c04ec5308dabda775e4%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638030824174291551%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dcyJPaH5%2BeFc6lM%2BfGy36%2FU4N5qbDDsJik1ClE7qSBw%3D&reserved=0)! **Crisis Services Canada** 1-833-456-4566 toll free; Text: 45645

* The Canada Dental Benefit is part of the Government’s plan to improve dental care for Canadians with a family income of less than $90,000 annually.

Canada Dental Benefit promotional materials are available on our website: [www.canada.ca/dental](http://www.canada.ca/dental).

* The Public Health Agency of Canada is pleased to announce the release of [*Your Guide to Postpartum Health and Caring for Your Baby*](https://www.canada.ca/en/public-health/services/child-infant-health/postpartum-health-guide.html)*.* The guide aims to provide parents and caregivers credible, easy to read information about postpartum health and parenting a new baby. The guide complements the existing *Your Guide to a Healthy Pregnancy*.

**Reminders:**

* Sydney Bell - CAPC/CPNP Network newsletters and please register with Webconnects to keep updated on all training and knowledge sharing that is available.