**January 2024 PHAC ZONE REGIONAL UPDATE**

**PROGRAM UPDATES – HAPPY NEW YEAR**

**CAPC/CPNP Amendments:**

A communication has started to be sent by your CGC officer, regarding details of the invitation to amend your agreements. This email contains instructions on how to revise your workplan and budget and templates to use. Please let your CGC officer and PC know if you have not yet received this email. This was due December 8th, 2023 at 12:00 PM. Some have requested an extension.

**CAPC/CPNP Renewal:**

* Communication was sent to all current CAPC/CPNP recipients in November with the following details:

We are writing to provide a summary report of our recent engagements on the Public Health Agency of Canada’s (PHAC) proposed changes to the Community Action Program for Children (CAPC) and the Canada Prenatal Nutrition Program (CPNP); as well as updated information on next steps for renewing these valued programs.

As part of our engagement process, more than 630 representatives from currently funded organizations attended 24 regional discussion sessions held across the country from May to July, 2023. We also received over 170 online forms submitted by funded organizations, as well as direct comments and questions received by staff over the spring and summer. Please find attached a summary report on what we heard. Your participation and feedback in this process was valued and appreciated.

PHAC has taken some time to consider the feedback and adjust the plan for renewing the programs. As part of the renewed program framework:

* + CAPC and CPNP will merge into a single program with two streams: 1) prenatal and postnatal health education and support, and 2) parenting and child health education and support.
  + Program objectives will be refreshed to focus on public health promotion.
  + The eligible age range will remain prenatal to age 6.
  + Where there is a demonstrated need, activities focused on early learning will be eligible to continue, providing the overall project is centered on the renewed program’s health promotion objectives.
  + Projects that wish to form collaborative partnerships are encouraged to do so, to support administrative, financial and programming efficiencies. However, this will not be a requirement.
  + PHAC will continue to work to alleviate administrative requirements by strengthening and streamlining aspects of monitoring and reporting.

In the fall of 2024, PHAC will invite all existing CAPC and CPNP funding recipients that are in good standing (i.e., up to date on their financial and performance reporting) to submit proposals for project funding under the renewed program, for the period from April 1, 2026 to March 31, 2030.

As overall program funding levels have not changed, recipient organizations will be invited to submit proposals at current funding levels. The application process will be non-competitive and open only to existing CAPC and CPNP funding recipients.

This change in approach is intended to provide a longer period of transition for currently funded organizations. PHAC remains committed to providing clear and open communication on timing and next steps to help support recipients through this transition. Further details about the application process will be communicated closer to the launch, including in the Guide to Applicants.

In the meantime, PHAC is moving forward to extend current CAPC and CPNP funding agreements to March 31, 2026. Information on timing and next steps for the extensions will be shared with you, beginning first with those agreements set to expire in March 2024.

**Project Monitoring Calls (PMC) and site visits:**

* Program Consultants are currently completing their Project Monitoring Calls and arranging site visits. If you have not heard directly from your Program Consultant, stay tuned as they will be reaching out shortly to hear all about the great work you are doing in your community.

**PHAC SPONSORED TRAINING/RESOURCES UPDATES**

The Government of Canada has released a new postpartum guide for families. Please see below for the links to the news release and the link to the guide and ordering form. A pdf version of the guide is also attached.

[https://www.canada.ca/en/public-health/news/2023/06/the-government-of-canada-releases-new-postpartum-guide-for-families-a-comprehensive-guide-on-postpartum-maternal-and-child-health.html](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwww.canada.ca%252fen%252fpublic-health%252fnews%252f2023%252f06%252fthe-government-of-canada-releases-new-postpartum-guide-for-families-a-comprehensive-guide-on-postpartum-maternal-and-child-health.html%26c%3DE%2C1%2CgH8O_59cpXl3KIhqgl9ksu9mJh6ugCMa4fDPJG_gBwVeZxqOjgeTH7ijWSixlgSMLv7c8LVrKuPLgELRHjgHW9Y9dkQdbF7nAnHb4JPAGujpEWYnSg%2C%2C%26typo%3D1&data=05%7C01%7Cnancy.bolton%40phac-aspc.gc.ca%7Cb72ca6b0156e466ae0fe08db639c6dfb%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638213295731188251%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VDJJxm532Iqg9SpGKjYqkQzv5Cd2dSAps0gh1LL7afo%3D&reserved=0)

[https://www.canada.ca/en/public-health/services/child-infant-health/postpartum-health-guide.html](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flinkprotect.cudasvc.com%2Furl%3Fa%3Dhttps%253a%252f%252fwww.canada.ca%252fen%252fpublic-health%252fservices%252fchild-infant-health%252fpostpartum-health-guide.html%26c%3DE%2C1%2C89R7Q9MAue1nHqKo6OO9J31est7W0EioX20MdBHp2M7_IUIvOtpXBN3rJ2u7pVIWiiHE9rgap70vqLOl3U7P_xPugP2FXu2WlwFMos0_JvnkcLo%2C%26typo%3D1&data=05%7C01%7Cnancy.bolton%40phac-aspc.gc.ca%7Cb72ca6b0156e466ae0fe08db639c6dfb%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638213295731188251%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=XH%2BeuBMrwHPezu7zEWyRBYksc0k3f2AG0s2IMNUYvss%3D&reserved=0)

Follow the link below to find multiple resources on health.

[Publications – Health - Canada.ca](https://www.canada.ca/en/services/health/publications.html)

Follow the link below to find multiple resources on child health and parenting.

[Publications – Healthy living - Canada.ca](https://www.canada.ca/en/services/health/publications/healthy-living.html#parenting)

**INFANT MENTAL HEALTH**

For resources and courses available, please visit [Home - Infant Mental Health Promotion (imhpromotion.ca)](https://imhpromotion.ca/)

**Training:**

The Public Health Agency of Canada (PHAC) has funded access for **600 staff from CAPC/CPNP projects to register** for the Lecture Series 2022: Laying the Path for Lifelong Wellness for **free**! At this point it would be **limited to one account per project**, on a first come first serve basis. If you have a Contribution Agreement that funds both CAPC and CPNP, you can use two registrations. Access will be for one year, until March 2024. At about the halfway point in September, we will assess how many registrations are left. If some are remaining, we will open them up to projects so they can have more than one individual registered.

This 15-part web-based series was developed by the Infant and Early Mental Health Promotion (IEMHP) organization at The Hospital for Sick Children in partnership with the World Association of Infant Mental Health (WAIMH) and Tampere University. The series offers insight into the foundational science of infant and early mental health, the importance of promotion and prevention policies and strategies, evidence-based interventions, and treatment approaches. Topics include:

Building a Culture of Support and Strength Through Trauma-Informed Care

Reflective Family Play A Whole-Family Treatment Model for Infants and Younger Children

How Perinatal Health and Wellbeing Influence a Baby’s Health and Wellbeing

For a full list of speakers, please refer to the “Lecture Series 2022 – Speakers and Topics” documents attached in both English and French.

**How to Register:**

To register for free, please follow the steps as outlined in the “Lecture Series 2022 Registration Package” documents attached in English and French. Ensure to use the promotional code provided, you should not be asked to enter a credit card.

If you have any questions or concerns, please contact IEMHP Lecture Series at [iemhp.lectureseries@sickkids.ca](mailto:iemhp.lectureseries@sickkids.ca) for support.

**NOBODY’S PERFECT**

Follow the link below to find multiple resources on child health and parenting, Nobody’s Perfect.

[Publications – Healthy living - Canada.ca](https://www.canada.ca/en/services/health/publications/healthy-living.html#parenting)

 Nobody's Perfect Parenting Virtual National Conference - Conférence nationale virtuelle Y’a personne de parfait March/mars 6 & 7 2024

* Calling all Nobody’s Perfect Parenting Program Facilitators, Trainers, Master Trainers, Coordinators and Stakeholders! Don't miss out on this fantastic chance to learn, reflect, network and have fun together!
* The program will feature:
  + interactive workshops practical and innovative NPP program activities for NPP Facilitators to do with parents,
  + sessions to inform & expand knowledge about NPP program best practice adaptations, such as running virtual groups, 1:1, incorporating traditional teachings, adapting to use to help with reunification, etc,
  + sessions for NPP Facilitators wanting to become Trainers. Trainers and Master Trainers in Adult Education and facilitator training adaptations opportunities to network and learn what others are doing across Canada!
  + PLUS - be entertained!
* Please see flyer or Webconnects for more details.

**AUTISM –** See the PHAC website for details and resources.

[Autism: National autism strategy - Canada.ca](https://www.canada.ca/en/public-health/services/diseases/autism-spectrum-disorder-asd/national-strategy.html)

[Autism: About, causes and co-occurring conditions - Canada.ca](https://www.canada.ca/en/public-health/services/diseases/autism-spectrum-disorder-asd.html)

**FASD -**

* **FASD Assessment Team Training-FASD ONE-** [FASD Assessment Training | FASD ONE (teachable.com)](https://fasdone.teachable.com/p/fasd-assessment-training11)

A comprehensive online course designed to promote and educate practitioners on multidisciplinary team processes for comprehensive FASD Assessment.

**THE COURSE CONSISTS OF 4 ONLINE MODULES**

1. **The importance of assessment services**
2. **The neurodevelopmental assessment**
3. **Speech language and occupational therapy assessment**
4. **Medical assessment**

The overall goal of this training is to discover how we can put the Canadian Guidelines for FASD Diagnosis Across the Lifespan into action, and to enhance our existing assessment services to be more inclusive of the many in need.

The course is free for residents in Ontario and any one with CAPC and CPNP programming. Email [fasdontarionetworkofexpertise@gmail.com](mailto:fasdontarionetworkofexpertise@gmail.com) to obtain your code.

See the website for more details. [FASD Assessment Training | FASD ONE (teachable.com)](https://fasdone.teachable.com/p/fasd-assessment-training11)

* PHAC FASD website at [Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.canada.ca%2Fen%2Fpublic-health%2Fservices%2Fdiseases%2Ffetal-alcohol-spectrum-disorder.html&data=05%7C01%7Ccarmen.barrientosmartinez%40phac-aspc.gc.ca%7C7b981aaf5bd347f46faa08db35f8deb7%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638163115217438047%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=iMFk%2BAbYYx4dpCfojBclC0vpxZgBBnEyKWJFaPe9pmY%3D&reserved=0)
* Please check the FASD ONE website for resources, events and other important work. [Welcome to FASD ONE | FASD ONE (fasdontario.ca)](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffasdontario.ca%2F&data=05%7C01%7Ccarmen.barrientosmartinez%40phac-aspc.gc.ca%7C7b981aaf5bd347f46faa08db35f8deb7%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638163115217438047%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=boYWvgw95yQmOBLDoh2Lcdvrr57oDzHe1jRzhs6w7os%3D&reserved=0)
* FASD 101: An Introductory Training - [FASD 101 (thinkific.com)](https://fasdnl.thinkific.com/courses/fasd-101)

Learn more about Fetal Alcohol Spectrum Disorder (FASD)! In this course we cover the basics of FASD, alcohol and pregnancy, prevention, diagnosis, challenges, stigma, strengths, strategies for success.

**FATHER INVOLVEMENT**

Follow the link below to find multiple resources on father involvement.

[What is positive father involvement - Canada.ca - Canada.ca](https://www.canada.ca/en/public-health/services/publications/healthy-living/positive-father-involvement.html)

[Benefits of father involvement - Canada.ca - Canada.ca](https://www.canada.ca/en/public-health/services/publications/healthy-living/benefits-father-involvement.html)

*****The Dad Manual*****. Filled with practical and specific direction, everyone can benefit from this resource. Please share this blog with anyone who needs support for the parenting journey – especially new moms and dads. For the blog and other resources please visit: [Performance – 24 HOUR CRIBSIDE ASSISTANCE (dadcentral.ca)](https://dadcentral.ca/newdadmanual/performance/)

**FAMILY VIOLENCE**

* Training opportunity called [*Being Trauma Aware*](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.beingtraumaaware.com%2F&data=05%7C01%7CHamid.Pazhwak%40phac-aspc.gc.ca%7Ce251fe61f35346f092c608da27b26e30%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C637865944540641608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OnxChxytAM%2Bp8m2bJzWYec6gPfIcAtVEyESgjiwTRmY%3D&reserved=0) *-*Being Trauma Aware is a FREE e-learning course meant to equip and empower participants to approach interactions within their organizations compassionately and to be curious about any trauma that may be affecting current behaviour. From there, the course outlines the path to resilience through tangible steps and best practices. Divided into 5 modules, the course can easily be paused and resumed at your convenience.
* For some resources on family violence go to [Luna Child and Youth Advocacy Centre](https://www.lunacentre.ca/resources)

**FUNDING OPPORTUNITIES**:

**ADDITIONAL TRAINING/EVENTS/RESOURCES**

* Families Canada Resource on [Financial Empowerment for Women Living on Low Incomes: An Action Plan – Families Canada](https://shop.familiescanada.ca/products/financial-empowerment-for-women-living-on-low-incomes-an-action-plan?keyword=action%20plan&mc_cid=52dc43603f&mc_eid=6d00406c5a)
* PERINATAL WELLBEING ONTARIO, Pregnancy and post partum support & connection

<https://www.perinatalwellbeing.ca/> low-cost or free. See link below for free information brochure on the signs and symptoms of Perinatal Mood and Anxiety Disorders as well as ideas for coping skills [here](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.perinatalwellbeing.ca%2F_files%2Fugd%2Fa41248_dc665c5e2d6d4636a480149844c43dd6.pdf&data=05%7C01%7Cmanuela.federici%40phac-aspc.gc.ca%7Cc5ea19d105704c04ec5308dabda775e4%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638030824174291551%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dcyJPaH5%2BeFc6lM%2BfGy36%2FU4N5qbDDsJik1ClE7qSBw%3D&reserved=0)! **Crisis Services Canada** 1-833-456-4566 toll free; Text: 45645

* Second Harvest has a food rescue app that organizations can use to rescue food instead of it being thrown out into landfills. More information can be found here: [https://secondharvest.ca/our-work/food-rescue/get-food](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsecondharvest.ca%2Four-work%2Ffood-rescue%2Fget-food&data=05%7C01%7Cmichelle.halket%40phac-aspc.gc.ca%7C1e4b5ee67b954e4bf3cf08dafa33c056%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C638097397411363205%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=cJY%2BYDJejNNkG%2FpLg675neTHkpVfx89brB20cUKRPS8%3D&reserved=0) While it is very competitive meaning when a donation is registered on the app from a restaurant or grocery store they do go fast, it can be very rewarding to the organization.

Also, once an organization registers with Second Harvest, they will receive targeted solicitations when they have additional funding opportunities such as emergency operational funding or grocery gift cards.

* The Canada Dental Benefit is part of the Government’s plan to improve dental care for Canadians with a family income of less than $90,000 annually.

Through this benefit, children under 12 who do not have access to dental care insurance can get the dental care they need.

We want to make sure that every eligible family knows about this benefit and how to apply.

We are seeking assistance to help amplify this message to the families within your network. There are many ways you can help families and raise awareness about the dental benefit:

* Display posters across your locations
* Add a button or a banner to your websites, e-newsletters, or other communications that go out to your community members
* Share social media content posted @Healthy Canadians on your social media channels
* Distribute digital or hard copy fact sheets to your community members (available in 8 languages)

Canada Dental Benefit promotional materials are available on our website: [www.canada.ca/dental](http://www.canada.ca/dental).

* The Public Health Agency of Canada is pleased to announce the release of [*Your Guide to Postpartum Health and Caring for Your Baby*](https://www.canada.ca/en/public-health/services/child-infant-health/postpartum-health-guide.html)*.* The guide aims to provide parents and caregivers credible, easy to read information about postpartum health and parenting a new baby. The guide complements the existing *Your Guide to a Healthy Pregnancy*.

**Reminders:**

* Sydney Bell - CAPC/CPNP Network newsletters and please register with Webconnects to keep updated on all training and knowledge sharing that is available.