

ZONE LEADS

Michelle Halket - Southwest & Central

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Nancy Bolton - North East & North West

May 2023 PHAC ZONE REGIONAL UPDATE

PROGRAM UPDATES

- The Annual Reporting Tool (ART) will now be completed using the Voxco platform. ART links were sent out the week of April 3rd. Projects should have received one link per program (1x for CAPC and 1x for CPNP). If you have not received your link(s) or the links were incorrectly sent to another staff member, please contact your PHAC PC. Once you have completed the ART, you need to download a copy and email the copy to your PHAC PC. Your PHAC PC will then review, and if needed, suggest edits. If there are edits, you will have to go back to the platform using the link you have already been provided and make the changes in the platform. Once you have made the changes you will have to re-submit the report and share the new version with your PC.
- CGC is currently working through the approval process for any carry-forward requests. Please note that any carry forward approvals must be spent by June 30th, 2023.
- CGC will begin working on amendments for the Contribution Agreements to extend funding to March 31st, 2025.

PHAC SPONSORED TRAINING/RESOURCES UPDATES

Follow the link below to find multiple resources on health.

[Publications – Health - Canada.ca](#)

Follow the link below to find multiple resources on child health and parenting.

[Publications – Healthy living - Canada.ca](#)

INFANT MENTAL HEALTH-

For resources and courses available, please visit [Home - Infant Mental Health Promotion \(imhpromotion.ca\)](#)

Training:

The Public Health Agency of Canada (PHAC) has funded access for **600 staff from CAPC/CPNP projects to register** for the Lecture Series 2022: Laying the Path for Lifelong Wellness for **free!** At this point it would be **limited to one account per project**, on a first come first serve basis. If you have a Contribution Agreement that funds both CAPC and CPNP, you can use two registrations. Access will be for one year, until March 2024. At about the halfway point in September, we will assess how many registrations are left. If some are remaining, we will open them up to projects so they can have more than one individual registered.

This 15-part web-based series was developed by the Infant and Early Mental Health Promotion (IEMHP) organization at The Hospital for Sick Children in partnership with the World Association of Infant Mental Health (WAIMH) and Tampere University. The series offers insight into the foundational science of infant and early mental health, the importance of promotion and prevention policies and strategies, evidence-based interventions, and treatment approaches. Topics include:

- Building a Culture of Support and Strength Through Trauma-Informed Care
- Reflective Family Play A Whole-Family Treatment Model for Infants and Younger Children
- How Perinatal Health and Wellbeing Influence a Baby's Health and Wellbeing

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For a full list of speakers, please refer to the “Lecture Series 2022 – Speakers and Topics” documents attached in both English and French.

How to Register:

To register for free, please follow the steps as outlined in the “Lecture Series 2022 Registration Package” documents attached in English and French. Ensure to use the promotional code provided, you should not be asked to enter a credit card.

If you have any questions or concerns, please contact IEMHP Lecture Series at iemhp.lectureseries@sickkids.ca for support.

NOBODY’S PERFECT

Follow the link below to find multiple resources on child health and parenting, Nobody’s Perfect. [Publications – Healthy living - Canada.ca](#)

AUTISM – See the PHAC website for details and resources.

[Autism: National autism strategy - Canada.ca](#)

[Autism: About, causes and co-occurring conditions - Canada.ca](#)

FASD -

- PHAC FASD website at [Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca](#)
- Please check the FASD ONE website for resources, events and other important work. [Welcome to FASD ONE | FASD ONE \(fasdontario.ca\)](#)

FASD Conferences

- 4th Annual FASD Conference 2023 (May 31, 2023 from 8am - 4pm). Dufferin Wellington Guelph FASD 4th Annual Conference, Exploring FASD through Connection and Engagement, with keynote speaker, Janet Carioni. For more information go to: [Dufferin Wellington FASD](#)
- 4th Annual London & Region FASD Virtual Conference 2023. October 24 & 25, 2023. Registration opens in August. Our theme this year is: “Breaking Stigma: Supporting Success in a Complex World”. ABSTRACT SUBMISSION DEADLINE: FRIDAY, AUGUST 18, 2023 For abstract submissions, go to: [Developmental Disabilities - Western University \(uwo.ca\)](#). For more conference details go to: <https://vocpri.ca/fasd2023/>
- Canada FASD Conference, November 7-9, Saskatoon, Saskatchewan. Registration is now open. Abstracts submission deadline April 24th, 2023. [Canada FASD Conference 2023 - CanFASD](#)

FATHER INVOLVEMENT

Follow the link below to find multiple resources on father involvement.

[What is positive father involvement - Canada.ca - Canada.ca](#)
[Benefits of father involvement - Canada.ca - Canada.ca](#)

The Dad Manual. Filled with practical and specific direction, everyone can benefit from this resource. Please share this blog with anyone who needs support for the parenting journey –

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especially new moms and dads. For the blog and other resources please visit: [Performance – 24 HOUR CRIBSIDE ASSISTANCE \(dadcentral.ca\)](#)

FAMILY VIOLENCE-

- Training opportunity called [Being Trauma Aware](#) -Being Trauma Aware is a FREE e-learning course meant to equip and empower participants to approach interactions within their organizations compassionately and to be curious about any trauma that may be affecting current behaviour. From there, the course outlines the path to resilience through tangible steps and best practices. Divided into 5 modules, the course can easily be paused and resumed at your convenience.
- For some resources on family violence go to [Luna Child and Youth Advocacy Centre](#)

FUNDING OPPORTUNITIES: none at the moment

ADDITIONAL TRAINING/EVENTS/RESOURCES

- Families Canada Resource on [Financial Empowerment for Women Living on Low Incomes: An Action Plan – Families Canada](#)
- PERINATAL WELLBEING ONTARIO, Pregnancy and post partum support & connection <https://www.perinatalwellbeing.ca/> low-cost or free. See link below for free information brochure on the signs and symptoms of Perinatal Mood and Anxiety Disorders as well as ideas for coping skills [here](#)! **Crisis Services Canada** 1-833-456-4566 toll free; Text: 45645
- Second Harvest has a food rescue app that organizations can use to rescue food instead of it being thrown out into landfills. More information can be found here: <https://secondharvest.ca/our-work/food-rescue/get-food> While it is very competitive meaning when a donation is registered on the app from a restaurant or grocery store they do go fast, it can be very rewarding to the organization.
Also, once an organization registers with Second Harvest, they will receive targeted solicitations when they have additional funding opportunities such as emergency operational funding or grocery gift cards.
- The Canada Dental Benefit is part of the Government's plan to improve dental care for Canadians with a family income of less than \$90,000 annually.
Through this benefit, children under 12 who do not have access to dental care insurance can get the dental care they need.
We want to make sure that every eligible family knows about this benefit and how to apply. We are seeking assistance to help amplify this message to the families within your network. There are many ways you can help families and raise awareness about the dental benefit:
 - Display posters across your locations
 - Add a button or a banner to your websites, e-newsletters, or other communications that go out to your community members
 - Share social media content posted @Healthy Canadians on your social media channels
 - Distribute digital or hard copy fact sheets to your community members (available in 8 languages)

Canada Dental Benefit promotional materials are available on our website: www.canada.ca/dental.

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Reminders:

- Sydney Bell- CAPC/CPNP Network Friday updates- If you want to be on the email list to receive information, email Sydney: sbell@carizon.ca
Webconnects is back online. Here is the link to sign up: <https://www.webconnects.ca/user/register>
The main URL (website address) will remain the same: <https://www.webconnects.ca/>