

CAPC/CPNP Central Zone Meeting AGENDA

Date: **Monday September 26th, 2022** (scheduled for 4th Monday; discuss to revise)

Time: 10:00 am – 11:30 am

Location: Virtual meeting via video conferencing through ZOOM

Yvette Nechvatal-Drew is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us02web.zoom.us/j/83483446340?pwd=W78E_AkFgDPn_6_oK6GKb1PLH9iUcO.1

Meeting ID: 834 8344 6340 Passcode: 895602

One tap mobile +12042727920,,83483446340# Canada

Attendance: Maria Cardone, Sophia Ali, Cecilia Molina, M.Velasquez, Ruth Ann MacKay, Nancy Howson, Halima Mubaligh, Claudia Cardenas- Aranda, Rosetts Ramos, Manpreet Bhogal, Loraine Bairstow, Julie Burdon, Yvette Nechvatal-Drew, Carmen Barrientos-

Regrets: Margret Leslie, Micelle Halket

Welcome/Introductions: Still need co-chair and looking for volunteers ☺

1. Review of Agenda- accepted by all
2. Approved Minutes of Mon. **June 27, 2022.**
3. Designate minute taker –Yvette Nechvatal-Drew took minutes. Margaret Leslie (volunteered for next meeting in November)

Action: Looking for volunteer designated minute taker for January meeting

4. Land acknowledgements- <https://native-land.ca>

Maria Cardone did the land acknowledgments. Erica Kewaquom volunteered to do our November acknowledgement meetings.

Action: Looking for volunteer to share their land acknowledgment for September meeting

5. PHAC Update- Carmen

September 2022 PHAC ZONE REGIONAL UPDATE

PROGRAM UPDATES

☐ Please make sure to review the CAPC projects directory and/or CPNP projects directory and ensure all your information is up to date. If changes are needed, please scroll to the bottom of the page and click on Update Project tab to submit changes. Once submitted advise your PC of the request for review and approval. Approved updates will appear on the project directory within 24 hours.

☐ Reminder, please keep detailed records of your expenses as it relates to your CAPC/CPNP project. This includes documentation of your expenditures and programming changes, alternative staffing, food card, and any other expenditures as it relates to programming. Please ask your CGC officer and PC for required details. (Regarding food cards- The general recommendation is that a log be kept for food cards (ideally the tracker would include; the date, name, amount of the food card, and signature of the person that received it), and if possible, the receivers of the food cards indicate their names and signatures, if there is no risk to privacy. However, if there are concerns with regards to privacy, then alternative means can

be used to certify that the food card was issued, this could be by indicating a date, adding an initial and having a representative of the organization sign.)

- Messaging has gone out regarding Renewals: PHAC will be extending existing funding agreements of CAPC and CPNP projects expiring in March 2023 and March 2024 until March 31, 2025.

- Project Monitoring Calls (PMC) will start soon, your PC will be connecting with you to set up meetings, the NEW reporting PMC tool/form has been delayed so PC's will be using our old format for all your calls.

- For projects who require Progress reports they are due October 31 st . We will be in touch soon.

PHAC SPONSORED TRAINING UPDATES

AUTISM- nothing at this time

FASD -

- 13th Annual Anishinabek G7 FASD Conference, September 21 st , 2022, via zoom.

<https://fasdinfo.ca/2022/04/20/call-for-workshop-facilitators-13th-annual-anishinabek-g7-fasd-conference/>

- New context and updated website at PHAC. Please visit Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca

- 3rd Annual Simcoe/York FASD Conference October 4, 2022. The conference will touch on topics ranging from How FASD impacts across the lifespan from both the family and frontline workers perspective, to Human Rights, to Strengths-Based Approaches, to Lived experience stories. For more details, please follow the link below.

3rd Annual Simcoe/York FASD Conference | FASD Information for Ontario (fasdinfo.ca)

ZONE LEADS Michelle Halket- Southwest & Central

Carmen Barrientos- East Hamid Pazhwak-North East and North West

- The 3rd Annual London & Region FASD Conference will be held on October 26, 2022.

Our theme this year is: Neurodiversity, Inclusivity, and Health Equity: Uncovering and Rediscovering Fetal Alcohol Spectrum Disorder. For more details, please follow the link below.

London and Region Fetal Alcohol Spectrum Disorder Conference - Developmental Disabilities - Western University ([uwo.ca](https://www.uwo.ca))

- Please check the FASD ONE website for resources, events and other important work.

Welcome to FASD ONE | FASD ONE (fasdontario.ca)

FATHER INVOLVEMENT-

- The New Dad Manual. Filled with practical and specific direction, everyone can benefit from this resource. Please share this blog with anyone who needs support for the parenting journey – especially new moms and dads. For the blog and other resources please visit: Performance – 24 HOUR CRIBSIDE ASSISTANCE (dadcentral.ca)

- <https://www.canada.ca/en/public-health/services/publications/healthy-living/benefits-father-involvement.html>

- What Does It Mean To Be a Dad? – Dad Central

INFANT MENTAL HEALTH-

- For resources and courses available, please visit Home - Infant Mental Health Promotion (imhpromotion.ca)

FAMILY VIOLENCE-

□ Training opportunity called Being Trauma Aware -Being Trauma Aware is a FREE e-learning course meant to equip and empower participants to approach interactions within their organizations compassionately and to be curious about any trauma that may be affecting current behaviour. From there, the course outlines the path to resilience through tangible steps and best practices. Divided into 5 modules, the course can easily be paused and resumed at your convenience.

□ For some resources on family violence go to Luna Child and Youth Advocacy Centre
FUNDING OPPORTUNITIES:

1. The Enabling Accessibility Fund (EAF) provides funding for projects that make communities and

workplaces more accessible for persons with disabilities. EAF creates more opportunities for persons with disabilities to:

- take part in community activities, programs and services
- access employment

This Call for Proposals (CFP) will provide up to \$57,950,000 in funding in fiscal year 2022 to 2023

to support a minimum of 580 accessibility projects, and up to \$6,500,000 to support a minimum of 65 Early Learning and Child Care (ELCC) projects. See link for more details.

Apply for funding for the 2022 Small Projects Component – Enabling Accessibility Fund - Canada.ca

Reminders:

□ Sydney Bell- CAPC/CPNP Network Friday updates- If you want to be on the email list to receive information, email Sydney: sbell@carizon.ca

ZONE LEADS Michelle Halket- Southwest & Central Carmen Barrientos- East Hamid Pazhwak-North East and North West

□ Webconnects is back online. Here is the link to sign

up: <https://www.webconnects.ca/user/register>

The main URL (website address) will remain the same: <https://www.webconnects.ca/>

6. Ontario Network of CAPC/CPNP Project Updates – Ruth Ann (reps) – Coordinating committee are looking for CPNP rep and CAPC rep's. Ruth Ann's term ends in September – Sydney is working on a social media campaign on National Child Day and will be having a guest speaker (Equity, diversity and inclusion- interactive workshop Nov 16 or 17th).

Blanca working on having Infant mental health Promotion available to projects for next round.

7. Update from CAPC/CPNP- **Leslie will speak about her gardening program @November meeting**:[meetinghttps://www.bing.com/search?q=CAPC+Simcoe+COunty+Gardening&cvid=535e4ba64c24404188e78f6facb6b46e&aqs=edge..69i57j69i64.12485j0j1&pglt=43&FORM=ANNTA1&PC=LSJS](https://www.bing.com/search?q=CAPC+Simcoe+COunty+Gardening&cvid=535e4ba64c24404188e78f6facb6b46e&aqs=edge..69i57j69i64.12485j0j1&pglt=43&FORM=ANNTA1&PC=LSJS)

Projects shared how they are returning back to in person programming.

Some are continuing to offer virtual programming in a hybrid model. Many program sites are slowly returning to pre-pandemic numbers. Virtual lens enabled some projects to offer a variety of online activities and expert panels. Some partner programming continue to run virtually. Some programs offer virtual online home visiting if family/ participant unable to attend in person.

Retaining and filling staff positions continues to be a challenge; especially when comparing positions and available salaries. Some projects have had success in having clients transition from being participants into staffing. Difficulty to match salaries to hold on to programming staff.

Many projects have not had public health nursing returning to program support as in pre pandemic levels. Some projects are continuing with food delivery and some looking at fresh produce delivery in partnership with Food Share during Thanksgiving and first week in November.

Successful stories sharing when program participants have returning as HRSDC summer staffing.

Some projects shared activities and focus of shared knowledge around what activities they will be doing for September 30th. Some projects get the day off and have preplanned virtual programming taking place.

Discussed renewal and actual decrease in funding since we are not addressing Cost of Living increases and impacts on budget. We are able to move 15% of budget lines without preapproval. Suggest that projects discuss budget impacts with PC during upcoming monitoring calls. Renewal up to 2025 without increases will impact program delivery. Many projects have not had any increases over 20 years. Will need to look at readjusting work plans and what projects can address. Yvette suggested the possibility of sharing work plans in Google docs with other programs. Sharing of ideas and focuses across the Zone and projects.

Discussion around inflation impact on salaries and unions within associated projects. The estimated Social Security cost of living adjustment (COLA) for 2023 is **8.7%**, according to The Senior Citizens League, a non-partisan seniors advocacy group. Its estimate was updated on Sept.

<https://www.canada.ca/en/employment-social-development/services/collective-bargaining-data/wages/wages-listing-cola-month.html>

8. Next meeting Tuesday November 29th, 2022 10:00 am to 12:00 pm

Location: We will continue to use ZOOM video conference until further notice.

Join Zoom Meeting

<https://us02web.zoom.us/j/82916591638?pwd=cnU2Wjdjci9wRnhjbjE5OXRMbEJXZz09>

Meeting ID: 829 1659 1638 Passcode: 490272

One tap mobile +14388097799,,82916591638# Canada

Looking for a new co-chairperson for 2022/23. If interested please email yndrew@durham.girls-inc.org

Action: Meets on the 4th Monday of the month does not work for Sydney Bell. Looking for feedback if 4th Tuesday of the month works 5 times in 2023.

Next meeting will be changed from Monday November 28, 2022 -changed to Tuesday November 29th, 2022