Northeast Zone CAPC/CPNP Projects – Networking Teleconference MINUTES

May 5th 2022 1:30-pm

Attendees: Debbie Lovelace (Chairing) Rachele Pelletier, Sydney Bell, Stephanie Brazeau, Crystal Greig, Sherry Beaton, Jennifer Doherty, Marie Savarie, Elizabeth Massier, Selina Froude

PHAC: Hamid Pazhwak, Michelle H.

Regrets: Karly Chevrier-Wabie

**Welcome – Land acknowledgement**

**The Ontario Network of CAPC/CPNP Projects acknowledges and give thanks to the First Peoples of the territories where we work and serve and other Indigenous peoples for sharing this land in order for us to continue in our work with families.**

1. **Welcome – Land acknowledgement**
2. **Revision of Agenda** : good as presented
3. **Revision of minutes Dated** good as presented
4. **Support and orientation**: n/a
5. **PHAC update –** provided by Hamid

* ART sent to projects, with expectation for completion by April 30th, 2022
* Q&A session for new combined CPPMT & ART in May 9th, please consult with your PC if you require the MS Teams information
* Cashflows for 22-23 should already be sent in, make sure to submit to CGC and PC
* No further updates on renewals right now. If you do not have the Evaluation report that was sent last summer please ask your PC for it.
* As we start the new funding year, for those that are new to CAPC/CPNP, please find attached the  Recipient Guide (Attached to email )for your reference.  This guide outlines expectations and assist with the planning and management of funding that organizations receive from PHAC.  As some coordinators are new to CAPC/CPNP, this guide provides
  + - Information about roles, responsibilities, and obligations;
    - The process of developing and finalising the CA;
    - Details related to the implementation of your CA including establishing internal controls; and
    - Instructions on how to complete required forms.
* Reminder, please keep detailed records of your expenses as it relates to your CAPC/CPNP project.  This includes documentation of your expenditures and programming changes, alternative staffing, and any other expenditures as it relates to programming.
* No further updates on next steps when the current funding agreement ends in 2024.  Projects will be notified by PCs or national office once information becomes available.

**PHAC SPONSORED TRAINING UPDATES**

FASD-

* New context and updated website at PHAC. Please visit [Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca](https://www.canada.ca/en/public-health/services/diseases/fetal-alcohol-spectrum-disorder.html)
* Please check the FASD ONE website for resources, events and other important work. [Welcome to FASD ONE | FASD ONE (fasdontario.ca)](https://fasdontario.ca/)
* <https://fasdinfotsaf.ca/2022/04/20/call-for-workshop-facilitators-13th-annual-anishinabek-g7-fasd-conference/>
* In light of the upcoming Ontario provincial election, FASDONE is increasing public awareness on FASD to influence potential candidates on the issues faced by families affected by FASD. They have prepared a page on the FASDONE website [What You Can Do | FASD ONE (fasdontario.ca)](https://fasdontario.ca/about-us/what-you-can-do/) with resources on how one might frame the questions and stories that are important when reaching out to a candidate and other important suggestions and tools for the Provincial election.

FATHER INVOLVEMENT-

***The New Dad Manual***. Filled with practical and specific direction, everyone can benefit from this resource. Please share this blog with anyone who needs support for the parenting journey – especially new moms and dads. For the blog and other resources please visit: [Performance – 24 HOUR CRIBSIDE ASSISTANCE (dadcentral.ca)](https://dadcentral.ca/newdadmanual/performance/)

INFANT MENTAL HEALTH-

For resources and courses available, please visit [Home - Infant Mental Health Promotion (imhpromotion.ca)](https://imhpromotion.ca/)

**Family Violence**

* [Luna Child and Youth Advocacy Centre](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lunacentre.ca%2F&data=05%7C01%7CHamid.Pazhwak%40phac-aspc.gc.ca%7Ce251fe61f35346f092c608da27b26e30%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C637865944540641608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6HwJQHIZSbbLyyif143jHT9IRVeIWpAcWvvpaMBXZDY%3D&reserved=0)
* Disseminate a trauma and violence- informed training called [*Being Trauma Aware*](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.beingtraumaaware.com%2F&data=05%7C01%7CHamid.Pazhwak%40phac-aspc.gc.ca%7Ce251fe61f35346f092c608da27b26e30%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C637865944540641608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OnxChxytAM%2Bp8m2bJzWYec6gPfIcAtVEyESgjiwTRmY%3D&reserved=0)
  + The promotional materials are available to download in both French and English [here](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdrive.google.com%2Fdrive%2Ffolders%2F1iKllSjpEVEmQzpdCzINMEr-givxaPevk&data=05%7C01%7CHamid.Pazhwak%40phac-aspc.gc.ca%7Ce251fe61f35346f092c608da27b26e30%7C42fd9015de4d4223a368baeacab48927%7C0%7C0%7C637865944540641608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ASc6uKJsQKjbWkSHggkxCxXMD1xcZ%2B9rXNXdYaYE5Lo%3D&reserved=0).

**Funding Opportunity**

* Addressing Racism and Discrimination in Canada’s Health Systems Program – 2022 Call for proposals

[**https://www.canada.ca/en/health-canada/corporate/about-health-canada/funding/addressing-racism-discrimination-canada-health-systems-program/2022-call-proposals.html**](https://www.canada.ca/en/health-canada/corporate/about-health-canada/funding/addressing-racism-discrimination-canada-health-systems-program/2022-call-proposals.html)

* **Mental Health in the Early Years (MHITEY) Implementation Science Team Grants funding opportunity CIHR-Application deadline June 23, 2022**

<https://www.researchnet-recherchenet.ca/rnr16/vwOpprtntyDtls.do?all=1&masterList=true&next=1&org=CIHR&prog=3648&resultCount=25&sort=program&type=EXACT&view=currentOpps&language=E>

**Reminders:**

* Sydney Bell- CAPC/CPNP Network Friday updates- If you want to be on the email list to receive information, email Sydney: [sbell@carizon.ca](mailto:sbell@carizon.ca)
* [Webconnects](https://www.webconnects.ca/) - no updates yet
* [What Does It Mean To Be a Dad? – Dad Central](https://dadcentral.ca/what-does-it-mean-to-be-a-dad/?utm_source=mc&utm_medium=email&utm_campaign=2022_04_14)

1. **Report from Coordination Committee**

* T&R Discussion guide:

<https://trello.com/b/MXMdxqQ2>

* CC is meeting May 25/26th
* Annual Meeting Presentation - all are welcome

date and time TBD

* Evaluation Focus Group Recruitment
* Network Discussion Summary -in Friday’s newsletter

1. **Upcoming events and training**

TNFC – June- Indigenous Gathering Infant Mental Health

Virtual – focus on Autism

1. **Updates in learning circles**

See this link to see all upcoming learning circles and webinars:

[Network Yearly Events Calendar 2021.22 | Trello](https://trello.com/b/Ax8YDB0i/network-yearly-events-calendar-202122)

Here are the links to register for the learning circles:

Mental Health (Maternal, Infant, General) –@ 12pm – 1pm

Home visiting programs

Sign up link: <https://forms.gle/VzoQ7C8hEJfXzfFn6>

Positive Parenting (child development) –@ 12pm – 1pm

Sign up link: <https://forms.gle/SXgHyZb3xoMb5pjZ9>

Technology and Social Media –12pm – 1pm

Sign up link: <https://forms.gle/M3ZgTYcxtaz8hQi6Bq6>

Indigenous Teaching learning circle –@ 12pm – 1pm

<https://forms.gle/QroUMMv1VAD1oLth8>

1. **Circle check-in / round table**

**Timmins Native Friendship Centre (Debbie Lovelace, Jillian, Shannon)**

We have been very busy with a combination of in person programming and virtual.

We have just started out spring prenatal series

We are planning our annual baby shower again; this is a large baby shower for registered clients who are pregnant and those with children under 1 yr.

We will be hosting the Indigenous children’s Mental Health Gathering on June 8. The focus is Autism, and it is virtual.

**NEOFACS – Brighter Futures CAPC/CPNP (Cochrane District to Timiskaming District – Rachele Coordinator**

Food security program:

* Community garden (4 garden plots) with the AntiHunger Coalition
* Meet and greet workshops
* Gardening workshops offered to members
* Volunteer work is requested to upkeep garden

Futures workshop to extend the learning: canning and blanching

We continue to build cooking skills virtually to families. The benefit of providing cooking class virtually is having families learn to cook in their home and prepare a meal for their family. Parents are learning safety and prevention of injury and illness in the kitchen. Creating healthy habits of eating homemade food and providing cost effective and delicious recipes.

EarlyON collaboration – French program

Virtual prenatal – 7 session – 12 families. Evening sessions.

Cooking with kids monthly – 5 families

Rural community-based programming – outreach program group.

Gross motor and physical activity programming.

**Updates for Keepers of the circle -Nicole Renaud ( Kirkland Lake/ Karly Chevrier-Wabie (New Liskeard)**

Karly sent her regrets. She is organizing an MMIWG2S honouring walk today, for May 5th National Day of Awareness for Murdered Missing Indigenous Women, Girls & 2-spirited.

**(Sherry Beaton – Algoma)**

**Our Children, Our Future, Sudbury District – CAPC/CPNP (Stephanie Brazeau, Manager Family Services)**

We continued to offer virtual programming and curb-side drop-offs at a central location for families to pick up their early learning kits and meal prep kits.  As of mid-April, we slowly started offering face to face indoor programming starting off with weekly playgroups and Infant programs. This month we will continue adding more indoor programming and will be fully in-person operational by June 01st with a mix of indoor programming, outdoor programming and all our parenting programs will stay virtual.

We now have 3 staff trained in Nobody's Perfect. And we have 2 staff being trained in Reaching In, Reaching Out / Bounce Back & Thrive Parenting Program.

1. **Meeting presentation**

* Open to anyone who wants to share a resource, a program they created or invite a colleague to present a topic.

1. **FASD**
2. Next meeting June 2nd 2022 1:30 to 3:30 STEast time