Northeast Zone CAPC/CPNP Projects – Networking Teleconference MINUTES

April 7th 2022 1:30-pm

Attendees: Debbie Lovelace (Chairing) Rachele Pelletier, Sydney Bell, Stephanie Brazeau, Nicole Renaud, Crystal Greig, Sherry Beaton, Shannon, Maryanne Marsden,

PHAC: Hamid Pazhwak, Michelle H.

Regrets: Laura Gordon, Selina Froude, Joelle Chartrand, Stephanie Brazeau

**Welcome – Land acknowledgement**

**The Ontario Network of CAPC/CPNP Projects acknowledges and give thanks to the First Peoples of the territories where we work and serve and other Indigenous peoples for sharing this land in order for us to continue in our work with families.**

1. **Welcome – Land acknowledgement**
2. **Revision of Agenda** : good as presented
3. **Revision of minutes Dated** March 3rd 2021
4. **Support and orientation**: n/a
5. **PHAC update –** Provided by Hamid Pazhwak

COVID- Shifting to Reopening

PROGRAM UPDATES

• ART sent to projects, with expectation for completion by April 30th, 2022

• Second program monitoring calls (PMC) will take place before the end of the fiscal year

• Budget line changes already expect or know by organization to be submitted ASAP

PHAC SPONSORED TRAINING UPDATES

FASD-

• New context and updated website at PHAC. Please visit Fetal alcohol spectrum disorder: About, causes and co-occurring conditions - Canada.ca

• Please check the FASD ONE website for resources, events and other important work. Welcome to FASD ONE | FASD ONE (fasdontario.ca)

FATHER INVOLVEMENT-

The New Dad Manual. Filled with practical and specific direction, everyone can benefit from this resource. Please share this blog with anyone who needs support for the parenting journey – especially new moms and dads. For the blog and other resources please visit: Performance – 24 HOUR CRIBSIDE ASSISTANCE (dadcentral.ca)

INFANT MENTAL HEALTH-

For resources and courses available, please visit Home - Infant Mental Health Promotion (imhpromotion.ca)

NOBODY’S PERFECT-

ADDITIONAL TRAINING/EVENTS/RESOURCES

• Indigenous Chronic Pain & Substance Use – Tuesdays, 7:00 – 8:30 PM ET Indigenous Chronic Pain & Substance Use — Project ECHO: St. Joseph’s Care Group (squarespace.com)

Funding Opportunity

• Addressing Racism and Discrimination in Canada’s Health Systems Program – 2022 Call for proposals

https://www.canada.ca/en/health-canada/corporate/about-health-canada/funding/addressing-racism-discrimination-canada-health-systems-program/2022-call-proposals.html

• Mental Health in the Early Years (MHITEY) Implementation Science Team Grants funding opportunity CIHR-Application deadline June 23, 2022

https://www.researchnet-recherchenet.ca/rnr16/vwOpprtntyDtls.do?all=1&masterList=true&next=1&org=CIHR&prog=3648&resultCount=25&sort=program&type=EXACT&view=currentOpps&language=E

Reminders:

• Sydney Bell- CAPC/CPNP Network Friday updates- If you want to be on the email list to receive information, email Sydney: sbell@carizon.ca

• Webconnects- another great way to stay connected

1. **Report from Coordination Committee**

-Maternal Mental Health event on April 27th

-Watch for event in May (tentative date: Wednesday May 4th - Responses to PHAC National Evaluation

-Evaluation Project looking for Indigenous Project Reps – send interest to Rachele and/or Debbie.

-T&R Discussion Guide (Work in Progress): <https://trello.com/b/MXMdxqQ2>

 -Onboarding Document: Helpful to supervisors and managers for new staff hire

<https://docs.google.com/document/d/1oNmHp9Gzehe2CFdyFFgJe26SbOsOZjBLgA0nmb-lDAU/edit>

 -Mapping Project: watch newsletter for more info

-Recruiting/ promoting interest in participating on the CC

1. **Upcoming events and training**

IMHP lecture series 2022 open. 2021 lMHP lecture series still available until September 2023

FASD online training – see link in item #13 FASD (below).

1. **Updates in learning circles**

See this link to see all upcoming learning circles and webinars:

[Network Yearly Events Calendar 2021.22 | Trello](https://trello.com/b/Ax8YDB0i/network-yearly-events-calendar-202122)

Here are the links to register for the learning circles:

Mental Health (Maternal, Infant, General) –@ 10:30

Home visiting programs

Sign up link: <https://forms.gle/VzoQ7C8hEJfXzfFn6>

Positive Parenting (child development) –@ 10:30am

Sign up link: <https://forms.gle/SXgHyZb3xoMb5pjZ9>

Technology and Social Media – April 6th 2:30pm

Sign up link: <https://forms.gle/M3ZgTYcxtaz8hQi6Bq6>

Indigenous Teaching learning circle – April 13th @ 10:30am

<https://forms.gle/QroUMMv1VAD1oLth8>

1. **Circle check-in / round table**

**Timmins Native Friendship Centre (Debbie Lovelace, Jillian, Shannon)**

Provided update

**NEOFACS – Brighter Futures CAPC/CPNP (Cochrane District to Timiskaming District – Rachele Coordinator**

We are open to our families face to face. Programs who are providing services along side EarlyOn are following EarlyON lead. All mandates have been lifted. No mask, no registration and health screen not required for participants. Staff of NEOFACS are still using PPE and filling in daily health screen. We are offering face to face and virtual programming to serve all families. Some families are reluctant to face to face programming now even more that mandates have been lifted.

We are optimistic to invite guest speakers and professional to share their expertise in our parenting group. Our stakeholders are expressing interest to partner however at this time, they cannot commit. We are hoping that we can resume partnerships over the summer and into the fall.

We are looking into how we can promote and recruit families to our programs and serves in upcoming community events.

**Updates for Great Beginnings at Hands the Family Health Network -Parry Sound / Muskoka – Laura Gordon**

Current Offerings:

• Virtual Parenting “Circle of Support Group”. Peer lead model.

• Weekly Webinar open to the participants and community members. For the month of April our focus is on development. Webinars include sensory development, speech and language, play and an infant development panel.

• Weekly cooking demo. The accompanying meal kit gets delivered, or gift cards are mailed out.

• Closed Facebook Groups where recorded webinars and follow up from our Circle of Support Group are uploaded. Weekly cooking challenge, we will draw for a small appliance at the end of the month. Nutritional information, relaxation strategies, and information from community partners are also posted.

• Weekly wellness calls to participants.

• We have launched an A synchronous learning model for expecting families who are unable to attend during scheduled times. We have received several registrations for this program.

• Started a weekly Super Dads Super Kids program for 6 weeks, in collaboration with EarlyON. This program will be fully online. Meal and activity kits will be delivered weekly. We have a nutritionist and paramedic lined up as presenters**.**

**Updates for Keepers of the circle -Nicole Renaud ( Kirkland Lake/ Karly Chevrier-Wabie (New Liskeard)**

CPNP update:

We are currently just getting back to indoor, in-person programming. We are looking for ways to recruit more families

Here are some of the programs we have planned and have also done in the last month:

• Baby play groups

• Family walks

• Family lunches

• Learning Ojibwe

• Healthy Meals

• Tea and Bannock

• Medicine Pouch Making

• Full Moon Drum Nights

• Family Swims

1. **WebConnects Update:**

Will remove from agenda. When the site is ready, it will be announced.

1. **Meeting presentation**
* Open to anyone who wants to share a resource, a program they created or invite a colleague to present a topic.
1. **Nobody’s Perfect**

April 26, 27, 28 (16 CAPC/CPNP workers)

Approximately 20 CAPN/CPNP workers trained in Nobody’s Perfect

1. **FASD**

Resource sharing:

<https://canfasd.ca/2022/03/30/common-messages-guidelines-updated/>

Online training

<https://training.fasdinfotsaf.ca/>

1. Next meeting May 5th 2022 1:30 to 3:30 STEast time